

CHANGE your MINDSET

I already know this...so why should I do it again...?

This is so easy...I can't be bothered!

I can never get this right – not in a million years!

Huh! My work will never be as good as theirs.

I'm so dumb!

Oh... Please don't ask me, I will just never get it...

I just can't do it – not now, not ever...

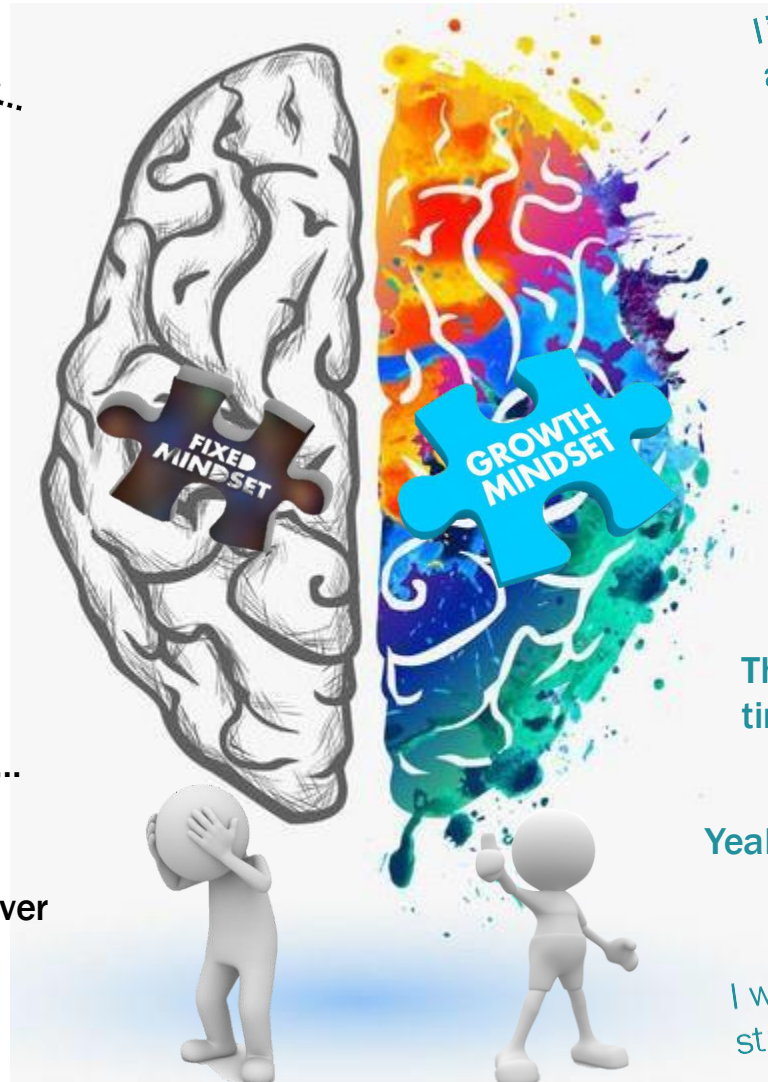
I'm just gunna give up now...quit while I'm ahead.

I'm such a failure...

I can't make this any better...

They were right, I'm never gunna get this...

I'm such a loser...



I'm just gunna try again...

I can get better if I keep trying!

There is ALWAYS room for improvement!

Step-by-step... I'll get it eventually...

This might take some time and effort.

Yeah, I can do it...

I will use some of the strategies I have learned.

Mistakes are OK, they help me learn!

Perhaps there is another way to look at this...

What piece of information am I missing?

I can always improve if I keep trying.

I'm on the right track ...but I can always do better!

